



# Messy Play Area



*Is your child one or more of the following?*

- Withdraw when touched
- Refuse to eat certain foods due to the textures of the foods
- Be hypersensitive to certain fabrics
- Only wear soft clothes or clothes without tags
- Dislike dirtying his or her hands
- Do not engage in creative play
  
- Lack Variety in play – may watch the same television program over and over
- Have challenges with certain movements, such as swinging, sliding, or going down stairs
- Have odd posture
- Clumsiness
- Poor balance
- Delayed fine motor control, such as handwriting challenges
- Delayed gross motor development
- Be in constant motion
- Jump, swing, spin excessively
- Fatigue easily
- Alternate between constant motion and fatigue
- Poor coordination
  
- Decreased ability to interact with peers
- Social isolation

Your little one needs to join a *FunkyKidz Educational Class*

Messy play – 4 months – 8 years

Active Play 2 – 10 years

Little Chefz Play 3-12 years.

Even if you haven't answered yes to any of the above, your little one will still benefit from our Classes.

How awesome are our instructors? Look at these stunning classes.





## Little Chefz Play report for March 2018

Please email [gayle@funkykidz.co.za](mailto:gayle@funkykidz.co.za) if you wish to become and instructor in your area.

### **8 REASONS WHY KIDS SHOULD BE IN THE KITCHEN**

- 1. Learning to cook is an essential life skill.*
- 2. Learning to cook empowers kids to be more independent.*
- 3. Cooking is an outlet for creativity.*
- 4. Cooking encourages healthy eating. They are more likely to eat what they've had a hand in preparing.*
- 5. Cooking introduces kids to a variety of fresh foods and interesting ways of preparing and cooking those ingredients.*
- 6. Cooking teaches language skills (cooking vocab like sauté and simmer), maths (measuring, weighing, fractions), and science (by mixing bicarb and acid and heat, the cake rises).*
- 7. Kids learn how to read and follow step by step instructions.*
- 8. It's fun.*

Even though Little Chefz Play was only launched this year, we have very dedicated hard-working instructors who have put their heart and soul into making these classes a success. Well done to you all.



Find an instructor in your area today:

<u>Area</u>	<u>Name</u>	<u>Cell No</u>	<u>Email Address</u>
Pretoria East	Sam Gerber	0767515811	Theshackcoffeebar@gmail.com
Sandton	Tahera Essay	0814474294	taaessay@gmail.com
Queensburgh	Shervon Cavanagh	0744162005	<a href="mailto:Shevycavs@gmail.com">Shevycavs@gmail.com</a>
Pietermaritzburg	Carine Jones	0823120577	info@mumzmeals.co.za
George	Lindsey Dickson	0711133616	lindseydickson1@outlook.com
Knysna	Gerrie Thompson	076808124	gerriethompson22@gmail.com
Kommetjie Cape Town	Tina Larsen	0726378660	tinalarsen@mweb.co.za
Vereeniging - Roshnee	Nadia Kotwal	0833051219	nadiakotwal@gmail.com
Carolina Mphumalanga	Blanche Harvey	0794914200	Blancheh20@gmail.com

Very well done to Shervon Cavanagh, Carine Jones and Lindsey Dickson on your amazing classes. Pictures of these classes are below.

Shervon:



## Carine



## Lindsey:



*GOOD NUTRITION IS VERY IMPORTANT AND TEACHING CHILDREN FROM AN EARLY AGE TO EAT HEALTHILY IS A VERY GOOD FOUNDATION FOR A HEALTHY LIFESTYLE, WHICH WILL CONTINUE INTO ADULTHOOD. TEACHING THEM TO PREPARE THESE HEALTHY MEALS IS AN EXCELLENT WAY TO GUIDE THEM TO EAT NOURISHING FOOD.*

***THIS IS OUR FOCUS***



## FunkyKidz Messy Play

“If it hasn’t been in the hand and body it can’t be in the brain.”

Make all the mess, but not in your own house!!! So Much better!

FunkyKidz Messy Play is a sensory experience for kiddies from 5 months – 7 years.

We offer classes once a week to experiment with different textures and colours.

Our program helps build self-confidence, encourages social play, helps develop fine and gross muscles. And an excellent excuse for bonding time with your little one.

Messy play is a necessity to help your little one develop all learning areas. A child from as young as 5 months can engage in messy play.

Children and adults should dress comfortably, as all classes are floor based. Please wear clothing that you don’t mind getting dirty and stained as classes are MESSY! FunkyKidz and the instructors are not responsible for lost, stolen or damaged items. Adult and children’s aprons are available for purchase.

### Terms and conditions

We make every reasonable effort to ensure the safety of children at FunkyKidz. FunkyKidz and their instructors cannot be held reasonable for any injuries incurred during class.

I agree that my child will take part in all activities at my own child's risk.

### Payment and booking

Payment needs to be made upfront, your spot is only booked once your payment has been made to the instructor and you have received confirmation from them.

### Messy Play

Allows children to use all their sensors to discover and explore.

Children learn the best through play.

Messy Play encourages independence and self-confidence.

Messy play helps develop movement, hand eye-coordination and control.

Messy play classes in your area! Book NOW

If you are interested in becoming a FunkyKidz Messy Play instructor, please email me [info@funkykidz.co.za](mailto:info@funkykidz.co.za)

Find an instructor in your area!

### KZN

Hibberdene – Shelly Beach Jame-Lee Warner 084 319 2699

Uvongo – Port Edward- Mirka Wessels - 0713033090

Richards Bay – Tenaj Ram Narain – 071 188 2230

Westville – Catherine Bronze - 071 559 6387

Ladysmith – Jenifer Wallace – 082 8012328

Ballito – Jaclyn Pillay 083 393 0444

Dundee, Newcastle, Glenco – Lorna Russel – 076 276 2342

Umhlanga, - Jaclyn Pillay 083 393 0444

Empangeni - Tenaj Ram Narain – 071 188 2230

Northdale, Scottsville and Hayfields- Konishea Odayan – 084 333 7342

Durban North – Jaclyn Pillay 083 393 0444

## **JHB**

Boksburg (All areas) – Nikita Erasmus – 072 183 8200

Midrand- Jayshree Pillay – 082 376 3592

Benoni -Kamsilla Naidoo – 071 898 4361

Brakpan/ Springs – Charleen Green - 082 892 4862

Sunninghill – Tarryn Lee – 073 035 5388

Roshnee, Vereeniging – Anisah Sayed – 083 515 5501

Krugersdorp – Claire Pringle – 062 233 5651

JHB South - Michelle Gouws 083 302 3108

Alberton - Mariska Wagenaar - 072 596 4363

Halfway Gardens, Waterfall, Halfwayhouse, Noordwyk & Glen Austin – Christine Kilian – 082 593 7452

Lenasia – Nazeerah Bodhanian – 079 216 2268

Sandton – Tahera Essay – 081 447 4294

Edenvale - Michelle Gouws 083 302 3108

## **Cape Town**

Somerset West – Carla Jordaan – 079 928 1016

Athlone – Rukayah Sadan – 082 702 2834

Strand - Rjham Khoury – 071 019 6168

Kuils River - Jaclyn Stalmeester- 083 391 5344

Burgundy Estate, Platterkloof, Milnerton, Edgemoed, Bithasig, Richwood- Aamina Kajee –076 193 8985



Kommetjie – Tina Larsen – 082 417 5150

Fishhoek – Tina Larsen – 082 417 5150

Claremont/Newlands – Tina Larsen – 082 417 5150

Parklands – Keena Strachan - 062 449 3464

Table View - Keena Strachan - 062 449 3464

Durbanville - Chantelle Louw - 0823253099

### Mpumalanga

Nelspruit – Re-Anne Greef – 079 566 7517

Lydenburg – Nazmeera – 0765566596

Barberton- Re-Anne Greef – 079 566 7517

### Pretoria

Montana, Sinoville, Annnlin, Doornpoort, Kameeldrift – Kerry-Rae - +974 5531 0968

Lynwood Ridge, Equestria, Silver Lakes, Faerie Glen, Garsfontein, woodhill,  
Waterkloof,, Moreletapark, Erasmus Kloof & Wingate Park (PTA South East) -  
Lorna Russel – 076 276 2342

Pretoria East – Rochelle Midgley -0815670732

PTA Moot - Masurick van der Walt – 082 701 5345

### Free State

Ficksburg – Saliha Anway – 074 601 8845

### Eastern Cape

Grahamstown – Tamaryn Richter – 083 776 9934

Newton Park (PE) Marika Moos – 076 027 8338

Uitenhage/Despatch - Leanne Van Der Mescht - 081 503 9947

East London - Candice Vorstenbos – 083 393 6358

Lorriane - Suzette Vermeulen 082 780 3472

Mount Pleasant/Springfield – Suzette Vermeulen 082 780 3472

Beverley Grove - Mariette Claassen – 081 541 9887

George – Lindsey Dickson – 071 113 2616

### North West

Rustenburg - Firdows Kola – 083 467 8637

Rustenburg CBD – Maria Monyamane – 0828994577



Please email [info@funkykidz.co.za](mailto:info@funkykidz.co.za) if you wish to become an Active Play instructor in your area.

### JHB

Sandton - Tahera Essay –0814474294

Krugersdorp – Elana Van Der Merwe -074 240 3615

### Pretoria

PTA East - Sam Gower - 076 751 5811

### Eastern Cape

George -Lindsey Dickson George - 071 113 2616

Walmer – Yvette Munchow – 060 965 7665

### Cape Town

Durbanville – Ashleigh Byrne – 076 953 4004



Are your little ones at home with you or a nanny? Why not stimulate them at home with The Clever Little Owl.

Termly programs which cover all learning areas.

1-2 years - R150 a term

2-3 years - R170 a term

3-4 years - R200 a term

4-5 years - R250 a term

